



Papers of Arthur Newton

Reference: ATH/AN

Papers of Arthur Newton

ATH/AN

Papers of Arthur Newton

[c 1904]-[c 1990]

Personal papers compiled by the athlete, and 'father of ultra distance running', Arthur Newton. The collection includes a substantial volume of correspondence, including letters from Walter George, Wilf Richards and Joe Binks. There are a large number of typescript articles written by Newton and concerning various aspects of athletics racing and training. There are also a number of scrapbooks and other newspaper cuttings which provide a comprehensive account of long distance running in both the United Kingdom and South Africa during the 1920s to 1950s.

In addition, the collection includes a number of photographs sent to, or collected by, Arthur Newton. These images feature Newton himself, often during races, but also feature other contemporary athletes including Vic Clapham; W. [Bill] Cochrane; Hardy Ballington; John Jewell; and Reg Allison. Across the collection there is much material relating to the Comrades Marathon in South Africa; the London to Brighton races in England; and various other ultra distance races including some held in the United States of America. There are many papers relating to 'The Newton Case' concerning Newton's land disputes with the South African government during the 1920s, due to the creation of segregated farming areas. His decision to obtain publicity for his cause through ultra distance racing is featured heavily in the collection.

Taken as a whole the collection is a valuable research tool for athletics historians as well as researchers studying the history of South Africa and farming and racial tensions in the early 20th century.

Administrative history: Arthur Francis Hamilton Newton was born in Weston-super-Mare, Somerset, on 20 May 1883. The fifth of eight children, he was the son of Reverend Henry Newton and his wife, Selina Elizabeth

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Saunders. The family moved to Brighton when he was a few months old, his father being appointed vicar of St Mark's, Kempton. When aged six, Newton attended a Dame's school as a day boy, becoming a boarder there one year later. He subsequently attended Talbot's House, Bedford School and then completed his education in a private establishment in Banham, Norfolk.

In 1901, aged 18, Newton travelled to South Africa where his elder brother lived, and was employed in clerical work in Durban before becoming a teacher at Hilton College, Natal, then at a private school in Maritzburg and subsequently as a tutor on a private farm. His family were not supportive of his teaching career and, in 1909, his father sent for him to work as an assistant on a tea plantation in Ceylon, a country where he himself had spent many years as a civil engineer before becoming a minister. The offer fell through and whilst in England, Newton joined the cross-country running club Thames Hare and Hounds. He then persuaded his father to allow him to return to South Africa permanently on the proviso that he would consider alternative career paths. Once in South Africa, he became a Justice of the Peace and also tried his hand at farming: in 1911 he acquired a 1350 acre farm in Natal from the union government. He focused on growing cotton and tobacco crops.

During the First World War, Newton served as a trooper in the Natal light horse, an irregular regiment of the South African Armed Forces, and as a despatch rider providing his own motorcycle. He joined up on 1 September 1914 initially serving in South West Africa and then later in the Transvaal at Potchefstroom headquarters. Following the end of the war he returned to his neglected farm where his implements had been destroyed and his pasture land burnt. Some sources state that he found himself in dispute with the South African government regarding a compensation claim against those who had damaged his property in his absence. However, autobiographical details included in ATH/AN

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suggests a different cause to the dispute. News had reached Newton that all the land in the area would soon be declared a 'black area'. Although he held the freehold title to his farm, he chose to leave rather than 'living an isolated life'. He asked the authorities to either buy his land or to exchange it for land in a designated 'white area'. The South African government refused. As Newton thought the public would not permit such an injustice he decided to make his case widely known and thought good publicity could be made via athletic competitions. Vic Clapham's Comrades Marathon had started the year before, in 1921, and so at 39 years old Arthur began to train for the 1922 marathon. He felt an early finish in this race might give him an opportunity to discuss his plight with the press and provide him with a political platform.

In 1922 he therefore entered and won the Comrades Marathon, a 54.5 mile race between Durban and Pietermaritzburg, which had attracted considerable interest when it had first been held the previous year. Newton won in the record time 8 hours 40 minutes. He was 30 minutes ahead of his closest rival: the other competitors having started too quickly, some of them on empty stomachs. Although this victory made an impression, Newton then decided to train without any break for the next year's race. Again he won and achieved further publicity for his cause. He then left for England to compete in the London to Brighton race. He won the race and the English newspapers featured him, and his plight, heavily. In 1924 he made two attempts on Len Hurst's London to Brighton record, establishing a new record on both occasions.

Newton won the Comrades Marathon in 1922, 1923, 1924 and 1925 with a best time of 6 hours 24 minutes and 45 seconds. In 1926 he came second to H. J. Phillips after having spent the previous three days and nights travelling by train and this, coupled with a sudden change of altitude, is believed to have caused the defeat. He did win again in 1927 and also attempted a special record for the course, establishing the time 6 hours 14

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minutes and 30 seconds. He eventually left South Africa, unable to obtain compensation from the authorities for his 'lost' farmland. He sold his land for a third of its former government valuation and after paying off a loan, he had very little money to his name. In need of starting a new life and perhaps still courting publicity, he 'disappeared' from South Africa in mysterious circumstances and was reported missing in a number of South African newspapers. He was, in fact, embarking on a walk and cycle journey to Rhodesia, modern day Zimbabwe, where he was able to obtain work in one of the copper mines. Before long, the Caledonian Society at Bulawayo asked him to improve athletics in the town and so the Bulawayo Harriers came into being. Within a couple of years the Harriers had some 250 members and held every record on the Rhodesian books for cycling, swimming, running and track events. At this time, Newton tackled his first 100 mile race which he completed in 14 hours and 42 minutes. Following this the locals subscribed and sent him to England where, under somewhat adverse weather conditions in January 1928, he took a further 20 minutes off the time.

In 1928 he began competing as a professional as he entered a race in America with substantial money prizes. The American Trans-Continental Footrace, starting in Los Angeles and finishing in New York, totalled some 3422 miles with competitors averaging about 50 miles per day. His entry in this race meant him leaving the amateur ranks. The press had made him the favourite and he built up a substantial lead over the first 550 miles but he was forced to quit after 10 days due to achilles tendon problems. He competed again the following year, this time New York to Los Angeles, but was knocked down by a car and sustained a broken shoulder. Several professional races in Canada followed and with his partner, the Anglo-Italian Peter Gavuzzi, he was almost always the winner. Both Newton and Gavuzzi were swindled by race promoters and, in part, neither athlete achieve great kudos during the lifetimes.

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By 1934, aged 51, he held almost all the world records above the marathon distance except the 100 miles. Joe Binks made the necessary arrangements and on 20 July 1934 Newton set off from Bath to Hyde Park Corner. This would be his final attempt on the record and he succeeded with a time of 14 hours 6 minutes, some 16 minutes faster than his 1928 time, although stomach problems slowed his time in the closing miles. In retirement he became involved with the development of road running, acting as an honorary coach to the Road Runners Club and writing a series of influential books and articles on training. He set a large number of world records for distance running throughout his career and was widely acknowledged as the father of modern ultra distance running. The legendary athlete Walter George described him as 'the most phenomenal distance runner the world has ever known'. He had, at one time, broken all amateur records from 30 to 100 miles running on South African roads. After Newton's retirement, Hardy Ballington, a South African, began to break a number of Newton's ultra distance records. Ballington, and then Jackie Mekler, were both encouraged by Newton.

Newton's training approach was viewed as somewhat unorthodox: he never used oils or other preparations and was not a supporter of massage, instead preferred a quick rub-down with a rough towel. He was a smoker and was often seen smoking before and after his record-breaking runs. His training mode was to run approximately 20 miles each morning in the early hours and always carried out at a slow pace. He was concerned solely with acquiring the rhythmic action necessary in running long distances and left speed itself for the actual races. In races he adopted a fast start although many experts considered that this prevented him from accomplishing even better performances. He ran in the lightest shoes possible, ordinary plimsoles and his stride was very short, his feet skimming the ground, and the further he went the shorter the stride became. His diet for long distance treks comprised minced beef, salt, fizzy

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lemonade and lump sugar. It is said he always had a mental fortitude developed through studying the teachings of yogi.

In retirement he settled in Ruislip, Middlesex, still performing early morning runs and touring the countryside on bicycle. From 1951 an annual race was held between London and Brighton, and the trophy was awarded in Newton's name. In old age, as his eyesight failed, he would stand and listen to the runners in the annual Polytechnic Marathon. A lifelong bachelor, Arthur Newton died at Hillingdon Hospital on 7 September 1959, aged 76.

Sources: papers of Arthur Newton, reference: ATH/AN; papers of Wilf Richards, reference: ATH/WR; Oxford Dictionary of National Biography accessed 5 September 2014 from: <http://www.oxforddnb.com/view/article/65189>; review of 'Running for their Lives' by Mark Whitaker accessed 5 September 2014 from: <http://www.spectator.co.uk/books/7806253/out-of-sight-out-of-mind/>; review of 'Tea with Mr Newton' by Rob Hadgraft accessed 5 September 2014 from: <http://www.championseverywhere.com/arthur-newton-old-school-running-hero>; article on Arthur Newton accessed 5 September 2014 from: http://www.roadrunnersclub.org.uk/documents/189_ArthurNewton100mile.pdf

Arrangement: These papers have been arranged into the following 6 series:

correspondence;

articles and draft writings;

newspaper cuttings, scrapbook and collected papers;

programmes, results and fixture lists;

photographs, slides and negatives;

miscellaneous papers

8 standard boxes (comprising 5 volumes, 39

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files and 20 items)

Access: Open

Access conditions: Access to all registered researchers.

Notes: Old references: AN; NCAL XXV.A687

Copyright: Permission to make any published use of any material from the collection must be sought in advance in writing from the Director of Special Collections (email: special-collections@bham.ac.uk). Identification of copyright holders of unpublished material is often difficult. Special Collections will assist where possible with identifying copyright owners, but responsibility for ensuring copyright clearance rests with the user of the material.

Languages: English, French

Creator name: Newton, Arthur Francis Hamilton (1883-1959), athlete

Custodial history: This collection was previously in the custody of Bill Clark; the Road Runners Club; John Jewell; and the National Centre for Athletics Literature (NCAL).

Acquisition: This collection was bequeathed under the will of the late John Jewell and was deposited alongside John Jewell's own personal papers (reference: ATH/JJ).

Archival notes: Papers arranged and described by Mark Eccleston, September 2014, in compliance with General International Standard Archival Description (ISAD(G), second edition, 2000; and in-house cataloguing guidelines.

Related material: Other archive collections, formerly held as part of the National Centre for Athletics Literature (NCAL), are catalogued as collections distinct from this collection. They comprise both institutional archives and collections of personal papers of athletes, athletics administrators, journalists and others

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associated with the athletics world.

Catalogues of the institutional archives available on the online archive catalogue are as follows:

Amateur Athletic Association: papers, 1880-1992. Finding No: AAA;

Midland Counties Amateur Athletics Association: papers, 1900-1982. Finding No: MCAAA;

Midland Counties Cross Country Association: papers, 1898-1985. Finding No: ATH/MCCCA;

Southern Counties Amateur Athletic Association: papers, 1958-1983. Finding No: SCAAA.

Catalogues, or collection descriptions, of personal papers available on the online archive catalogue are as follows:

Abrahams, Harold Maurice (1899-1978), athlete and athletics administrator: papers, 1936-1976. Finding No: HA;

Binks, Joseph (Joe) (1874-1966), athlete and athletics commentator: papers, [1920s-1950s]. Finding No: ATH/JB;

Cardew, Martin H. (b 1927), athlete: papers, 1964-1988. Finding No: ATH/MHC;

Cullum, Dennis Noel Johnson (1913-1985), athlete and coach: papers, [1930s]-1985. Finding No: ATH/DC;

Ives, Bert (1890-c 1975), athlete and athletics administrator: papers, [1920s-1970s]. Finding No: ATH/BI;

Jewell, John Christopher (1912-2001), athlete and athletics commentator: papers, 1897-2002. Finding No: ATH/JJ;

Lloyd-Edgley, Ralph: scrapbook, [c 1924]-[c 1931]. Finding No: ATH/RLE;

Monk, Walter Harry (Wal) (1896-after 1965), athlete: papers, 1918-1961. Finding No:

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Payne, Howard (1931-1992), athlete: papers, 1899-[c 1975]. Finding No: ATH/HP;

Powell, Edgar Robert Leslie (Peter), (fl 1920s-70s), athlete: papers, 1813-1988. Finding No: ATH/ERLP;

Richards, Wilf (b 1906), athlete and journalist: papers, 1924-[mid 20th century]. Finding No: ATH/WR;

Tatham, Wilfrid George (Gus) (1898-1978), athlete: papers, 1908-1960. Finding No: ATH/WGT;

Thomas, Dr Philip, athletics administrator and coach: papers, [c 1900]-[late 20th century]. Finding No: ATH/PT;

Vargas, Charles Climaco (1905-1975), athlete: papers, 1921-31. Finding No: ATH/CCV;

Ward, Leonard H., athletics coach: papers, [mid-20th century]. Finding No: ATH/LW;

Winter, Arthur E. H. (d 1990), athlete and athletics commentator: papers, [early 20th century]-1983. Finding No: ATH/AW.

Information about other collections of personal papers of the following will also be added in the future:

George Mair Adam (1898-1989), athletics administrator: papers. Finding No: GA.

The department also holds copies of Newton's books 'Running in Three Continents', 1940 (reference: r GV 1061.15.N49); 'Commonsense Athletics', [c 1947] (reference: r GV 1060.5.N49); 'Running', 1935 (reference: r GV 1061/N); and 'Racing and training', 1949 (reference: r GV 1061.5/N)

ATH/AN/1

Correspondence

[1920s]-[c 1990]

Correspondence retained by Arthur Newton, primarily dated between 1920s and 1950s.

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Correspondence had been divided into separate folders [presumably by Arthur Newton] and these divisions have been retained. Correspondence is arranged in a rough alphabetical order and concerns long distance racing, training techniques and details of publications and articles about athletics. Correspondants include a large number of contemporary athletes and athletics administrators. There is also material relating to 'The Newton Case' and Arthur Newton's land disputes with the South African government during the 1920s.

5 files

Access: Open

ATH/AN/1/1

Correspondence: A-C

1947-1953

Correspondence sent to Arthur Newton concerning races, training and publications including copy correspondence. The file contains significant amounts of correspondence from Reg Allison, Hardy Ballington and Percy Cerutti.

Other correspondants include James Audsley; Joe Binks; Philip Briggs; Vic Clapham, including photo, founder of the Comrades Marathon; William [Bill] Clark, Athletic Review; Gerard Cole; and Dennis Cullum.

1 file

Access: Open

ATH/AN/1/2

Correspondence: D-J

1923-1953

Correspondence sent to Arthur Newton concerning races, training and publications including correspondence sent from South Africa and Australia. One letter, by J. E. Fowler-Dixon, was written in 1923, the remainder dated 1946-1953. The file contains significant amounts of correspondence from John E. Farrell.

Other correspondants include Andrew Ducker; Geoffrey Dyson, Chief National Coach, Coaching Committee, AAA; R. Adarns Gaut;

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Allan Gellespie; Jack Girling; Percy W. Green, Athletics Weekly; Georg Hackenschmidt, the strongman and wrestler; Ted Hawkins; Wally Hayward; B. L. Hemsley; Holden; Sergeant Humphreys; P. José Iguarán, letter written in French; Stan L. Jelley; Bert Johnston; G. V. Jones; Vernon Jones; and Trevor Joyce.

1 file

Access: Open

Language: EnglishFrench

ATH/AN/1/3

Correspondence: K-W

1946-1959

Correspondence sent to Arthur Newton concerning races, training and publications. The file contains significant amounts of correspondence from Wilf Richards and Dr C. R. [Ben] Woodard, including an article 'Underfed Athletes' [Woodard was one-time medical officer to the British Olympic cycling team and head of the athletes' clinic in London]. The article concerns undernourishment, dietary cause of torn muscles, complaints of athletes 'treated like children' and criticism of 'officialdom' in athletics.

Other correspondants include Harold Lee; Bob Longhurst; Andrew MacCono; Paavo Nurmi; Ernest Neville; Allan Nelson; Page; Reg Palmer; Colvin W. Patrick; Bill Payne; Ted Peacock; Jim Peters; Lew Piper; Bob Prentice; O. P. Rainthby; Derek Reynolds; Alfred Scorer, President of Lancashire Walking Club; Roy Sutcliffe; Captain J. Thurlow; Turner; Geraldine Watson; Peter Wilson; Samuel James Woolley; and Jacob van Wyk de Vries.

1 file

Access: Open

ATH/AN/1/4

Correspondence with Walter G. George

1927-[c 1990]

Correspondence comprising letters, postcards and notes primarily from Walter G. George and his wife, Ada. Includes typescript articles

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by Walter George titled 'My matches with Cummings: how we created world's records' and 'How I met Barney Thompson and some sports reminiscences'.

The files also includes an unreleated typescript list of Arthur Newton's printed book collected which was compiled by John Jewell and sent to John Bromhead, National Centre for Athletics Literature (NCAL).

1 file

Access: Open

ATH/AN/1/5

Miscellaneous correspondence

[1920s]-1952

Correspondence and telegrams concerning 'The Newton Case' and the distance races Arthur Newton competed in during the 1920s. The file includes a number of telegrams and letters sent from the South African government. There is also correspondence concerning the BBC; talks and articles; the Amateur Athletic Association; and records.

1 file

Access: Open

ATH/AN/2

Articles and draft writings

[mid-20th century]

Significant volume of typescript articles and draft writings by Arthur Newton, some carrying manuscript annotations and amendments. Subjects discussed include massage; diet; clothing and shoes; bathing; smoking; motivation; age and stamina; and blisters. A number of the articles were published and this is annotated on the typescript copy. They were sent to various publications including 'Scots Athlete', 'Athletic Review', 'The Heathen' and 'Watford Harriers Gazette'.

One article, on the 11th Indian Olympic Games, is written by John C. Jewell. A small number of articles are attributed to 'On the Shelf', the pseudonym of Arthur Newton.

These articles had been divided into separate folders [presumably by Arthur Newton] and

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these divisions have been retained.

9 files

Access: Open

ATH/AN/2/1

Folder originally labelled 'Book 4'

[mid-20th century]

Largely undated typescripts of articles concerning running and training. Comprises:

/1-2: 'Jogging? Hoots mon!'. 2 copies, 1025 words

/3-4: 'Let's be sensible' by Arthur F. H. Newton. 2 copies, 898 words

/5: 'Burnt out', 1080 words

/6-7: 'Style comes first'. 2 copies, 1004 words

/8: 'As you get older', 946 words

/9-11: 'Do you go by train?'. 3 copies, 1010 words and 1007 words

/12-13: 'Easy records'. 2 copies, 1053 words

/14: 'It pays to economise', 1019 words

/15-16: 'Re-adjust your methods'. 2 copies, 3215 words

/17: 'For champions to be', 934 words

/18: 'When you get tired', 1033 words

/19: 'You've met his sort', 1008 words

/20-22: 'Is international competition a good thing?', published in 'World Sports', February 1944. 3 copies, 980 words and 983 words

/23-24: 'It might be wise...?'. 2 copies, 885 words

/25: 'Easy records' by Arthur F. H. Newton, 1943. 1050 words

/26-27: 'Can you explain it?'. 2 copies, 855

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words

/28-29: 'Athletics mustn't stay put'. 2 copies, 1106 words

/30-31: 'The real sticker'. 2 copies, 1062 words

/32-33: 'Too big for you?'. 2 copies, 1237 words and 1232 words

/34-35: 'South Africa leads'. 2 copies, 1086 words

/36-37: 'Mildewed methods condemned' by Arthur F. H. Newton, sent to 'Scots Athlete', July 1951. 2 copies

/38: 'No harm in trying' by Arthur F. H. Newton, sent to 'Scots Athlete', July 1951. 855 words

/39-40: 'Disregard the season'. 2 copies, 996 words

/41-42: 'Specialisation or promiscuity'. 2 copies, 935 words

/43-44: 'Poise and the runner'. 2 copies, 841 words

/45: 'Your mental dictator', 877 words

/46-47: 'We all mixed in' by Arthur F. H. Newton, sent to 'World Sports', January 1945. 2 copies, 1003 words

/48-49: 'As I saw it' by 'On the Shelf', sent to W. S. ['World Sports'], July 1945. 2 copies, 966 words

/50-51: 'Is size an advantage'. 2 copies, 975 words

/52-53: 'That medical injunction'. 2 copies, 1110 words

/54-55: 'You have been warned'. 2 copies, 979 words

/56-57: 'Gold that doesn't glitter'. 2 copies, 990 words

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/58-59: 'Britishers versus the world'. 2 copies, 1032 words

/60-61: 'It helps nobody'. 2 copies, 1151 words

/62-63: 'Judge for yourself'. 2 copies, 1693 words

/64-65: 'Are you ever stale'. 2 copies, 1060 words

/66-67: 'An almost incredible championship', regarding G. A. M. Humphreys. 2 copies, 1153 words

/68: 'Cross-country considerations', 1513 words

/69-70: 'Chance success or command it?'. 2 copies, 900 words

/71: 'Physical mishaps', 1978 words

/72: 'Fighting fatigue', 1593 words

/73: 'You've met his sort', 1000 words

/74: 'As you get older', 946 words

/75-76: 'What is training' by Arthur F. H. Newton, sent to 'Scots Athlete', 29 February 1952. 2 copies, 813 words

/77-78: 'Oh's-to-opathy' by Arthur F. H. Newton, sent to 'Scots Athlete', May 1952. 2 copies, 764 words

/79: 'For champions to be', 934 words

/80: 'The Comrades Marathon', 1263 words

1 file

Access: Open

ATH/AN/2/2

Folder originally labelled 'Book 5'

[mid-20th century]

Largely undated typescripts of articles concerning running and training. Comprises:

/1: 'Letters to the Editor', sent to 'Athletic

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Review', 10 June 1954

/2: 'To make you think', 995 words

/3: 'Fast start - finish', 992 words

/4: 'Tactics', 1128 words

/5: 'It's time you knew...', 951 words

/6: 'A persistent mistake', 1063 words

/7: 'That forthcoming race', 993 words

/8: 'Why should we be different?', 1013 words

/9: 'They couldn't tell us', 927 words

/10: 'I eat my words', 921 words

/11: 'Warm and sweaty', 1965 words

/12: 'Have we been misinformed', 999 words

/13: 'Recovery rate', 851 words

/14: 'Coaches, please help!' by Arthur F. H. Newton, sent to 'Athletic Review'. 953 words

/15: 'A straight talk' by Arthur F. H. Newton, sent to 'Athletic Review'. 1056 words

/16: 'I've been too careless' by Arthur F. H. Newton. 1111 words

/17: 'Snap out of it' by Arthur F. H. Newton, sent to 'Athletic Review', January 1951. 900 words

/18: 'Live and learn' by Arthur F. H. Newton, sent to 'Athletic Review', January 1951. 930 words

/19-20: 'Two ways'. 2 copies, 869 words

/21-22: 'Sense or nonsense?'. 2 copies, 818 words

/23-24: 'I disagree with Fartlek'. 2 copies, 774 words

/25-26: 'No closed shop for me!' by Arthur F.

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H. Newton, published in 'Athletics', November 1948. 2 copies, 995 words

/27: 'What did they teach you?' by Arthur F. H. Newton, sent to 'Scots Athlete', 28 July 1950. 1068 words

/28: 'Reply to critics', 1558 words

/29: 'Intention or determination', 907 words

1 file

Access: Open

ATH/AN/2/3

Folder originally labelled 'World Sports Book 5' [mid-20th century]

Largely undated typescripts of articles concerning running and training. Comprises:

/1-2: 'What is the best athletic age?'. 2 copies, 1078 words

/3-4: 'Commonsense versus common practice' by Arthur F. H. Newton. 2 copies, 970 words

/5-6: 'The wrong approach'. 2 copies, 921 words

/7: 'Distance running for schoolboys', 916 words

/8-9: 'Mental ebullition' by Arthur F. H. Newton. 2 copies, 1028 words

/10-11: 'Body-lean' by Arthur F. H. Newton. 2 copies, 970 words

/12-13: 'Limber down' by Arthur F. H. Newton. 2 copies, 802 words

/14-15: 'Is this reasoning wrong' by Arthur F. H. Newton. 2 copies, 900 words and 894 words

/16-18: 'Settle the point' by Arthur F. H. Newton. 3 copies, 809 words

/19: 'Live and learn' by Arthur F. H. Newton, 930 words

/20: 'Are there "born" runners?' by Arthur F. H.

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Newton, 842 words

/21: 'Was it good advice?' by Arthur F. H. Newton, 766 words

/22: 'How far will you go?' by Arthur F. H. Newton, 979 words

/23: 'A word to the "brass hats"', 902 words

/24: 'Shoes and their vagaries', 1023 words

/25: 'Our tuition is backward', 1060 words

/26: 'How I would train for the marathon' by Arthur F. H. Newton

/27: 'How far will you go?' by Arthur F. H. Newton, 979 words

/28-29: 'Runners and running' by Arthur F. H. Newton. 2 copies, 997 words

/30: 'Do you race to schedule?', 1011 words

/31: 'No harm in trying' by Arthur F. H. Newton, 835 words

/32-33: 'Stop the rot - and start afresh' by Arthur F. H. Newton. 2 copies, 816 words

/34-35: 'Don't deviate' by Arthur F. H. Newton. 2 copies, 1018 words

/36: Letter to the Editor of 'Scots Athlete'

/37: 'Open letter to Mr Laurie Weatherill'

/38-39: 'Muddled reasoning' objected to by Arthur F. H. Newton. 2 copies, 918 words

/40-41: 'You and your sport' by Arthur F. H. Newton. 2 copies

/42-43: 'Perspiration' by Arthur F. H. Newton. 2 copies, 994 words

/44-45: 'Breathing exercises versus commonsense'. 2 copies, 1095 words

/46-47: 'More champions are "made" than

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"born". 2 copies, 1010 words

/48: 'Intention or determination', 907 words

/49-50: 'Balance'. 2 copies, 983 words

/51-52: 'Your training schedule'. 2 copies, 1276 words

/53-54: 'Self reliance is essential'. 2 copies, 1014 words

/55-56: 'What was your time today? by Arthur F. H. Newton. 2 copies, 1015 words

/57-58: 'The food I like best' by Arthur F. H. Newton. 2 copies, 1000 words

/59: "'Old" men who can teach us', 1049 words

/60: 'New methods?', 943 words

/61: 'Take more punishment', 980 words

/62: 'If you don't at first succeed...', 1013 words

/63: 'Make it your turn', 1019 words

/64-65: 'Beat or be beaten'. 2 copies

/66: 'For Scots Athlete', 7 October 1952

/67: 'Athletic basic principles', 3200 words

/68-69: 'For would-be champions' by Arthur F. H. Newton. 2 copies, 1000 words and 1003 words

1 file

Access: Open

ATH/AN/2/4

Folder originally labelled 'Originals 400 & 500 words 6' [mid-20th century]

Largely undated typescripts of articles, some with manuscript amendments, concerning running and training. Comprises:

/1: Contents listing of folder [not all articles are

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included]

/2: 'Athletic style' by Arthur F. H. Newton, 410 words

/3: 'Will you be a champion?' by Arthur F. H. Newton, 402 words

/4: 'Athletics without massage' by Arthur F. H. Newton, 403 words

/5-6: 'Champions practise economy' by Arthur F. H. Newton. 2 copies, 407 words

/7: 'Specialise, but within reason' by Arthur F. H. Newton, 393 words

/8: 'Fight your breakdowns' by Arthur F. H. Newton, 419 words

/9: 'What was your time today?' by Arthur F. H. Newton, 407 words

/10: 'Essence of training' by Arthur F. H. Newton, 425 words

/11: 'Revise your methods' by Arthur F. H. Newton, 400 words

/12-13: 'Economise with effort, not time' by Arthur F. H. Newton. 2 copies, 410 words

/14: 'Rhythm - the essence of economy' by Arthur F. H. Newton, 424 words

/15: 'Is your wind good?' by Arthur F. H. Newton, 405 words

/16: 'Second wind' by Arthur F. H. Newton, 394 words

/17: 'Psychology for athletes' by Arthur F. H. Newton, 400 words

/18: 'The cult of speed' by Arthur F. H. Newton, 417 words

/19-20: 'Watch your stride' by Arthur F. H. Newton. 2 copies, 407 words

/21-22: 'Perspiration' by Arthur F. H. Newton.

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2 copies, 412 words

/23-24: 'Exceeding the limit' by Arthur F. H. Newton. 2 copies, 405 words

/25-26: 'Pace is the killer: not distance' by Arthur F. H. Newton. 2 copies, 455 words and 419 words

/27-28: 'Hot baths or cold?' by Arthur F. H. Newton. 2 copies, 438 words

/29-30: 'The best marathon style' by Arthur F. H. Newton. 2 copies, 400 words and 399 words

/31-32: 'Your "Second Wind"' by Arthur F. H. Newton. 2 copies, 400 words and 398 words

/33-34: 'Moderation can be enhanced' by Arthur F. H. Newton. 2 copies, 438 words

/35-36: 'Massage is misused' by Arthur F. H. Newton. 2 copies, 439 words

/37-38: 'Your physique is what you make it' by Arthur F. H. Newton. 2 copies, 529 words

/39-40: 'Training by installments' by Arthur F. H. Newton. 2 copies, 420 words

/41-42: 'Super-improved track work' by Arthur F. H. Newton. 2 copies, 417 words

/43-44: 'Enhance the rhythm' by Arthur F. H. Newton. 2 copies, 425 words and 424 words

/45-46: 'What should you eat?' by Arthur F. H. Newton. 2 copies, 410 words and 414 words

/47-48: 'Drinks' by Arthur F. H. Newton. 2 copies, 430 words

/49-50: 'To smoke or not to smoke' by Arthur F. H. Newton. 2 copies, 420 words and 419 words

/51-52: 'Mentality - the maker of champions' by Arthur F. H. Newton. 2 copies, 421 words and 420 words

/53-54: 'The diet for all athletes' by Arthur F.

Papers of Arthur Newton

H. Newton. 2 copies, 526 words

/55: 'Canadian snowshoes' by Arthur F. H. Newton, 520 words

File also includes:

/56: 'Medical supervision in sports'

/57: 'Notes on smoking'

/58: 'Fitness and injury in sport'

/59-60: 'The amateur ban must go' by Arthur F. H. Newton. 2 copies, 700 words

/61: 'Athletes under suspicion'. 2 copies, 182 words

/62: 'They taste the cloth', 238 words

/63: 'The trend of competition', 500 words

/64: 'What do they eat?', 700 words

/65: 'What should you eat?', 700 words

/66-67: 'Improve your style' by Arthur F. H. Newton. 2 copies, 700 words

/68: 'Reconsider your methods', sent to Wilf Richards [editor of 'Athletic Review'], 9 March 1947

/69: 'To make you think' by 'On the Shelf' and sent to Wilf Richards [editor of 'Athletic Review'], 9 March 1947

/70: 'A Canadian sport' by Arthur F. H. Newton and sent to 'World Sports', January 1947

/71: 'A different outlook on running' by Arthur F. H. Newton, 700 words. With accompanying note from 'The Sporting Chronicle' stating that the editor regrets he cannot use the enclosed article, 1 October 1935

/72-73: 'The sane diet for all athletes' by Arthur F. H. Newton. 2 copies, 600 words and 592 words

/74: 'Second Wind' by Arthur F. H. Newton,

Papers of Arthur Newton

803 words

/75: 'Rhythm is a winner', 615 words

/76-77: 'Science in athletics' by Arthur F. H. Newton. 2 copies, 615 words and 600 words

/78-79: 'Rhythm [for runners]' by Arthur F. H. Newton. 2 copies, 700 words and 728 words

/80: 'New world records?', 616 words

/81: 'Stand on your own feet!' by Arthur F. H. Newton, 580 words

/82: 'Training - a question mark' by Arthur F. H. Newton, 369 words

/83: 'Today's methods or tomorrow's?' by Arthur F. H. Newton

/84: 'The meal before the event' by Arthur F. H. Newton

/85-86: 'The breathing exercise fetish' by Arthur F. H. Newton. 2 copies, 670 words and 707 words

/87: 'Avoid massage' [renamed 'Use massage rarely'] by Arthur F. H. Newton, 702 words

/88-89: 'A ban on massage' by Arthur F. H. Newton. 2 copies, 1607 words

/90: 'Commonsense diet' [renamed 'Sensible feeding'] by Arthur F. H. Newton, 800 words

1 file

Access: Open

ATH/AN/2/5

Folder originally labelled 'Athletic Review'

[mid-20th century]

Largely undated typescripts of articles, many with corrections, concerning running and training. Comprises:

/1: 'Think once more', sent to 'The Heathen', 3 April 1951

/2: Letter to the editors of 'Athletic Review'

Papers of Arthur Newton

concerning teaching, 15 November 1950

/3: 'Training methods', 1335 words

/4: 'When luck favours you', 983 words

/5: 'Rations and athletes', 1064 words

/6: 'Age and the marathon', 1038 words

/7: 'A word to the "brass hats"', 902 words

/8: 'Shoes and their vagaries', 1023 words

/9: 'Take more punishment', 980 words

/10: 'Make it your turn', 1019 words

/11-12: 'It's up to you'. 2 copies, 942 words
and 904 words

/13: 'Teach yourself', 900 words

/14: 'Reply to critics', 1558 words

/15-17: 'Sugar or glucose?'. 3 copies, 960
words

/18-19: 'I await correction', sent to 'Athletic
Review, July 1954. 2 copies, 832 words

/20: Letter to the editor of 'Athletic Review'
concerning pleasure in running, 10 June 1954

/21-22: 'Cross country commentary', sent to
'Athletic Review', 4 August 1954. 2 copies

/23: 'What's your verdict?', 926 words

/24: 'Drinks and the marathon', 1048 words

/25: 'Guilty or not guilty', 997 words

/26: 'Cross country merchants', 956 words

/27: 'Age and stamina', 1127 words

/28: 'The best time to train', 1013 words

/29: 'All-round or localised development?', 937
words

Papers of Arthur Newton

/30: 'Over-ride your breakdowns', 1008 words

/31: Untitled article concerning biographical details of Arthur Newton's life. Sent to 'Scots Athlete', 20 February 1956

/32: 'The all-weather brigade', 1001 words

/33: 'Blisters'

/34-35: 'Fifty miles! So what?'. 2 copies, 400 words

/36-37: 'Lay Off', published in Watford Harriers Gazette, 7 April 1951. 2 copies, 500 words and 482 words

/38: 'Fifty-mile training'

/39: 'Coaches, please help!', sent to 'Athletic Review', 27 February 1951. 951 words

/40: 'Was it good advice', 766 words

/41: 'Are there "born" runners?', 842 words

/42: 'A call for progress', 1154 words

/43: Letter to the editors of 'Athletic Review' concerning progress in coaching and training methods. Published June 1952

/44: 'Distance running for schoolboys', 916 words

/45: 'Tactics', 1120 words

/46: 'It's time you knew...', 951 words

/47: 'A persistent mistake', 1068 words

/48: 'The incubus', 1051 words

/49: 'That forthcoming race', 993 words

/50: 'Why shouldn't we be different?', 1013 words

/51: 'They couldn't tell us', 927 words

/52: 'I eat my words', 921 words

Papers of Arthur Newton

- /53: 'Warm and sweaty', 1965 words
- /54: 'Have we been misinformed?', 999 words
- /55: 'Recovery rate', 851 words
- /56: 'Let's air our words', 1041 words
- /57: 'Science in running', 1013 words
- /58: 'A straight talk', 1056 words
- /59: 'If you don't at first succeed...', 1013 words
- /60: 'What's your verdict?', 926 words
- /61: 'Drinks and the marathon', 1048 words
- /62: 'Teach yourself', 980 words
- /63: 'Guilty or not guilty?', 997 words
- /64: 'Cross country merchants', 956 words
- /65: 'Age and stamina', 1127 words
- /66: 'The best time to train', 1013 words
- /67: 'All-round or localised development?', 937 words
- /68: 'It's up to you', 942 words
- /69: 'Over-ride your breakdowns', 1008 words
- /70: 'New methods?', 943 words
- /71: 'The all-weather brigade', 1001 words
- /72: '"Old" men who can teach us', 1049 words
- /73: 'Do you race to schedule?', 1011 words
- /74: 'Real specialisation', 889 words
- /75: 'Let's air our woes', 1041 words
- /76: 'Science in running', 1013 words
- /77: 'Blisters'

Papers of Arthur Newton

/78: Untitled article concerning the 1952 London to Brighton race, 28 September 1952

/79: 'How should you start?'

/80: 'London to Brighton', published in Belgrave Harriers newsletter, 13 October 1952

/81: 'I've been too careless', 1111 words

1 file

Access: Open

ATH/AN/2/6

Folder originally labelled 'For Correction'

[mid-20th century]

Largely undated typescripts of articles, many with corrections, concerning running and training. Comprises:

/1-2: 'Were Red Indians such wonderful runners?'. 2 copies, 1200 words and 1233 words

/3: 'A Canadian sport', 1037 words

/4-5: 'You can win it' renamed 'You are the dictator'. 2 copies, 911 words and 800 words

/6-7: 'Fine weather merchants'. 2 copies, 1007 words and 642 words

/8: 'Stamina'

/9: 'The athlete's storage battery'

/10: 'The "one way" street', 1004 words [incomplete]

/11: 'You want more speed?'

/12: 'All a-skew', 980 words

/13: 'Runners' mistakes', 1022 words

/14: 'Massage', 1114 words

/15: 'Ease up but don't stop'

/16: 'South Africa took the lead', 2126 words

Papers of Arthur Newton

/17: 'Athletics mustn't "stay put"', sent to BBC, 12 May 1942

/18-19: Letters to A. F. H. Newton from BBC concerning 'South Africa took the lead', 1945

/20: Order form for 'Running' by Arthur F. H. Newton. Includes image and foreword by W. G. George

/21: 'South Africa led the way', 2095 words

/22: 'Athletics mustn't "stay put"'

/23: 'South Africa took the lead', 2112 words

/24: 'We want better teachers'

/25: 'Shamateurism in sport' by 'a professional'

/26: 'Breathing exercises are essential', 605 words

/27-28: 'He who hesitates...', 1000 words. Accompanied by a letter from 'The Naturalist' sending regrets that the publication is unable to use the article.

/29: 'Runners - all and sundry', 575 words

/30: 'Early stages in training', 1001 words

/31: 'Daylight' renamed 'Training in the dark', 985 words

/32: 'Steady versus spasmodic training', 1085 words

/33: 'Have you a training programme?', 375 words

/34: 'Is your speed handicapped?'

/35: 'The marathon', 1502 words

/36: 'How to tackle the marathon', 962 words

/37: 'Stitch'

/38: 'Look at your shoes'

Papers of Arthur Newton

/39: 'Imitation is not enough', 401 words

/40: 'That question of food'

/41: 'You can be champion', 980 words

/42: Untitled article concerning training and faults

/43: 'Don't "stay put"', 1223 words

/44: 'Are we too soft?', 2143 words

/45: 'Style must conform to distance' renamed 'What's your best distance?'

/46-47: 'A serious handicap',. 2 copies, 1027 words

/48-49: 'Age and athletics'. 2 copies, 1382 words and 1260 words

/50: Untitled article concerning training for the Comrades Marathon

/51-52: Copy correspondence concerning disputed statements in Arthur Newton's article concerning breathing exercises

1 file

Access: Open

ATH/AN/2/7 Folder originally labelled 'Articles and contents [mid-20th century] list'

Undated typescripts of articles concerning running and training. Comprises:

/1: Typescript contents list [including titles of articles which are not included in the file]

/2: 'It pays to economise', 1019 words

/3: 'Cross-country considerations', 1513 words

/4: 'Physical mishaps', 1978 words

/5: 'Burnt out', 1080 words

/6: 'The Eleventh Indian Olympic Games' by J.

Papers of Arthur Newton

C. Jewell

/7: 'The Comrades Marathon', 1263 words

1 file

Access: Open

ATH/AN/2/8

Folder originally labelled 'Chapters for a book' [mid-20th century]

Folder cover originally labelled 'Apparently a book not published JCJ [John C. Jewell] March 1981 Races & Training Pub 1949 APM March 1981'. Contents comprise chapters written by Newton. Some chapters missing. Comprises:

/1: Introduction by Dr C. R. Woodward

/2: Chapter 1: 'The way to start', 1592 words

/3: Chapter 2: 'What is the best athletic age?', 1631 words

/4: Chapter 3: 'When are you at your best?', 1450 words

/5: Chapter 4: 'The cult of speed', 2064 words

/6: Chapter 5: 'Training by thermometer', 2033 words

/7: Chapter 6: 'Food or fads', 1108 words

/8: Chapter 7: 'Genuine breathing exercise', 776 words

/9: Chapter 8: 'Long walks - no!', 1573 words

/10: Chapter 9: 'South Africa led the way', 2347 words

/11: Chapter 10: 'Age and the marathon', 1038 words

/12: Chapter 11: 'Marathon merchants', 5372 words

/13: Chapter 12: 'Tactics', 2100 words

/14: Chapter 13: 'Ten miles cross-country',

Papers of Arthur Newton

1117 words

/15: Chapter 15: 'My first record', 1776 words

/16: Chapter 16: 'I earned my defeat', 995 words

/17: Chapter 18: 'Extending the distance', 2145 words

/18: Chapter 19: 'I ran in Scotland', 980 words

/19: Chapter 20: 'When everything comes unstuck', 1138 words

/20: Chapter 21: 'An indoor marathon race', 1070 words

/21: Chapter 22: 'Man versus horse', 1107 words

/22: Chapter 23: 'Horses versus men', 1092 words

/23: Chapter 24: 'A cheap record', 1030 words

/24: Chapter 25: 'My longest run', 4610 words

/25: Chapter 26: 'My last race', 2050 words

/26: 'More empty theory or...?'

1 file

Access: Open

ATH/AN/2/9

Miscellaneous articles

[mid-20th century]

Comprises:

/1: 'Records in the making: the early stages', 1172 words

/2: 'The first attempt: Durban to Maritzburg', 1531 words

/3: 'Trials and tribulations', 1360 words

/4: Untitled article concerning arrival in England in 1924 and subsequent races and training.

Papers of Arthur Newton

/5: 'Records', 1801 words

/6: 'Impressions'

/7-8: 'Time and incentive'. 2 copies, 497 words

/9: 'A race of stayers', 476 words

/10: Script titled 'Broadcasted from 2LO', 3 November 1924

/11: Script titled 'Broadcasted from 2LO', 15 November 1924

/12: Article from 'The Sporting Life' concerning Arthur Newton, 14 November 1924

/13: 'Speech to the committee of the SAAAA [South African Amateur Athletic Association]', 15 January 1925

/14: 'Empire Day is marathon day: it can be done', 570 words

/15: Untitled article for publication in 'Athletic Review' providing a biography of Vic Clapham, June 1954

/16: 'Initiative', 361 words

1 file

Access: Open

ATH/AN/3

Newspaper cuttings, scrapbooks and collected papers

[c 1904]-1959

Significant number of newspaper cuttings collected by Arthur Newton and five scrapbook albums featuring various athletics events held between the 1920s and 1950s.

Newspaper cuttings had been divided into separate folders [presumably by Arthur Newton] and these divisions have been retained.

5 volumes, 14 files and 2 items

Access: Open

Papers of Arthur Newton

ATH/AN/3/1	Newspaper cuttings and collected papers	[c 1904]-1959
	<p>Newspaper cuttings and related papers primarily concerning long distance races held in both the United Kingdom and in South Africa between the 1920s and 1950s. A number of Arthur Newton's contemporaries are also featured in the cuttings including Wally Hayward and Emil Zatopek. There is also coverage from the 1952 Helsinki Olympic Games; and a number of papers relating to 'The Newton Case' concerning Arthur Newton's land disputes with the South African government during the 1920s.</p>	
	14 files and 2 items	
	Access: Open	
ATH/AN/3/1/1	Folders originally labelled 'Athletic special correspondence 1'	1925-[1950s]
	<p>Various newspaper cuttings taken from publications produced in both the United Kingdom and South Africa. Includes material relating to the London to Brighton races and the 1952 Helsinki Olympic Games. Many of the cuttings feature Arthur Newton and his contemporaries including Wally Hayward.</p>	
	4 files	
	Access: Open	
ATH/AN/3/1/1/1	Newspaper cuttings	1925-1955
	<p>Various newspaper cuttings concerning Newton's book 'Commonsense Athletics'; officials at Olympic Games!; the London to Brighton race; and the athlete Wally Hayward.</p>	
	1 file	
	Access: Open	
ATH/AN/3/1/1/2	Newspaper cuttings	[mid-20th century]
	<p>Various newspaper cuttings, largely undated, concerning Lewis Piper, Walter Mehl and Sammy Westbrook.</p>	

Papers of Arthur Newton

- 1 file
Access: Open
- ATH/AN/3/1/1/3 Newspaper cuttings [1950s]
Various newspaper cuttings concerning the 1952 Helsinki Olympic Games. A significant amount of material relates to Emil Zatopek.
- 1 file
Access: Open
- ATH/AN/3/1/1/4 Newspaper cuttings [1950s]
Various newspaper cuttings primarily concerning Wally Hayward.
- 1 file
Access: Open
- ATH/AN/3/1/2 Folders originally labelled 'Athletic special correspondence 2' 1924-1957
Various newspaper cuttings taken from publications produced in both the United Kingdom and South Africa. Includes material relating to the Comrades Marathon and the London to Brighton races. Many of the cuttings feature Arthur Newton and his contemporaries.
- 2 files
Access: Open
- ATH/AN/3/1/2/1 Newspaper cuttings 1924-1957
Various newspaper cuttings concerning the London to Brighton race and the Comrades Marathon. Subjects include Tom Richards; Ron Hopcroft; Wally Hayward; Jackie Mekler; Fred Morrison; Arthur Newton; Emil Zatopek; Colin Bettany; Chris Chataway; Charles Ellick; and Vic Clapham.
The file also includes an article titled 'Joe Binks at 80' and the 'News Chronicle Victory Issue', 8 May 1945.

Papers of Arthur Newton

1 file

Access: Open

ATH/AN/3/1/2/2 Newspaper cuttings [mid-20th century]

Various newspaper cuttings, largely undated, concerning the London to Brighton races and races held in the United States of America. Arthur Newton's 100 mile run in 1934, when aged 51, is featured. The file includes articles written by Joe Binks. Subjects include George Hackenschmidt, the wrestler known as the 'Russian Lion'; J. E. Fowler-Dixon; Wally Hayward; Lin Dilks; Joie Ray; Johnny Hayes; Edgar Marie; and Paavo Nurmi.

1 file

Access: Open

ATH/AN/3/1/3 Folders originally labelled 'Press cuttings published' 1923-1959

Various newspaper cuttings taken from publications produced in both the United Kingdom and South Africa. Includes material relating to the Comrades Marathon and the London to Brighton races. Many of the cuttings feature Arthur Newton and his contemporaries.

3 files

Access: Open

ATH/AN/3/1/3/1 Newspaper cuttings [mid-20th century]

Newspaper cuttings, largely undated, primarily concerning the Comrades Marathon and other long distance races in South Africa; the London to Brighton race; and the Natal Cross-Country Championships. Subjects include Arthur Newton; Hardy Ballington; W. J. [Bill] Cochrane; Wally Hayward; Arthur Calder; Bill Payne; J. L. Coleman; Johnny Hayes; and Jackie Mekler.

1 file

Access: Open

Papers of Arthur Newton

- | | | |
|----------------|--|-----------|
| ATH/AN/3/1/3/2 | Newspaper cuttings | 1952-1953 |
| | Newspaper cuttings primarily concerning Wally Hayward including a cartoon; the London to Brighton road race; and a typescript list of times from Box to Hyde Park Corner for Hayward, Mekler and Reynolds, [1953]. | |
| | 1 file | |
| | Access: Open | |
| ATH/AN/3/1/3/3 | Newspaper cuttings | 1923-1959 |
| | Newspaper cuttings concerning the Comrades Marathon and other long distance races, with heavy coverage during the 1920s. There are also cuttings concerning Bill Cochrane and Wally Hayward. The majority of material is focused on racing in South Africa. | |
| | 1 file | |
| | Access: Open | |
| ATH/AN/3/1/4 | Papers regarding 'The Newton Case' | [1920s] |
| | Various newspaper cuttings, telegrams, correspondence and other papers relating to 'The Newton Case' which concerned Arthur Newton's land disputes with the South African government during the 1920s. The cuttings have been taken from various newspapers published in both the United Kingdom and South Africa. | |
| | 3 files | |
| | Access: Open | |
| ATH/AN/3/1/4/1 | Newspaper cuttings, correspondence and other papers | [1920s] |
| | Newspaper cuttings primarily concerning 'The Newton Case'; and correspondence and telegrams between Arthur Newton and the South African authorities. | |
| | 1 file | |
| | Access: Open | |

Papers of Arthur Newton

- | | | |
|----------------|--|-------------------|
| ATH/AN/3/1/4/2 | Newspaper cuttings and correspondence | [1920s] |
| | Newspaper cuttings primarily concerning 'The Newton Case' including published articles and correspondence concerning the controversy. Majority of cuttings are undated and unidentified. | |
| | 1 file | |
| | Access: Open | |
| ATH/AN/3/1/4/3 | Newspaper cuttings and telegrams | 1921-1925 |
| | Newspaper cuttings, dated 1921-1925, and three telegrams concerning 'The Newton Case'. | |
| | 1 file | |
| | Access: Open | |
| ATH/AN/3/1/5 | Miscellaneous newspaper cuttings | [c 1904]-[c 1958] |
| | Various newspaper cuttings relating to Arthur Newton's long distance races and the Comrades Marathon; and an issue of John O'London's Weekly which includes an article written by Arthur Newton. | |
| | 2 files and 2 items | |
| | Access: Open | |
| ATH/AN/3/1/5/1 | John O'London's Weekly | 1940 |
| | Issue of John O'London's Weekly dated 30 August 1940. Includes article about Arthur Newton titled 'Running across a continent'. Includes image of Arthur Newton. 2 copies | |
| | 2 items | |
| | Access: Open | |
| ATH/AN/3/1/5/2 | Newspaper cuttings | [1920s]-[1950s] |
| | Newspaper cuttings, cartoons and images of Athur Newton many of which are undated and unidentified. Primarily concerns the Comrades Marathons and other distance races held during the 1950s. There is a small amount of | |

Papers of Arthur Newton

pre-1950s newspaper cuttings as well as an article titled 'Second Wind' by Arthur Newton.

1 file

Access: Open

ATH/AN/3/1/5/3 Newspaper cuttings [c 1904]-[c 1958]

Newspaper cuttings, some undated, primarily concerning various Comrades Marathons and other long distance races in which Arthur Newton was involved.

1 file

Access: Open

ATH/AN/3/2 Scrapbooks 1922-1958

Five scrapbooks compiled by Arthur Newton primarily comprising newspaper cuttings; athletics programmes; cartoons; articles; correspondence; and souvenir items. Material has been taken from various newspapers published in both the United Kingdom and in South Africa. These include 'Sporting Summary', 'Daily Sketch', 'The Star', 'News of the World', 'The Times' and 'The Sportsman' from the United Kingdom and 'The Natal Witness' and 'Natal Advertiser' from South Africa. Not all newspaper cuttings have been inserted chronologically and not all are dated or captioned.

Subjects primarily relate to Arthur Newton's running career, especially during the 1920s. There is significant material relating to 'The Newton Case' concerning his land disputes with the South African government.

5 volumes

Access: Open

ATH/AN/3/2/1 Scrapbook with athletics programmes 1922-1924

Volume containing newspaper cuttings, primarily relating to Arthur Newton and his long distance running feats during the early 1920s. There are cuttings relating to the

Papers of Arthur Newton

Comrades Marathon as well as an image of Arthur Newton alongside other principal competitors in the 1922 event including L. Boyle, F. H. Cary Smith, R. N. Wratten, C. Cullingworth, E. A. Kean, R. F. Taylor, A. M. Marie, C. P. Hickman. There are also cuttings relating to the London to Brighton race held in October 1924, including a table of distances. In addition, the volume includes a Comrades [Harriers and Athletic Club] membership card for Arthur Newton 'of Lovat, Ihluku' for 1922.

Some athletics programmes have been pasted into the volume and these relate to track and field events:

Maritzburg Comrades' Harrier and Athletic Club 'Great Marathon Race: Durban to Maritzburg', 24 May 1922. Lists names of entrants and includes ticket;

Maritzburg Comrades' Athletic and Cycling Club 'Great Marathon Race: Durban to Maritzburg', 24 May 1923. Lists names of entrants. 2 copies, with annotations;

'Marathon Race to Edendale and Back', 10 November 1923. Lists names of competitors with manuscript annotations re final positions.

1 volume

Access: Open

ATH/AN/3/2/2

Scrapbook

1924-1927

Volume containing newspaper cuttings, primarily relating to Arthur Newton and his long distance running feats during the mid-1920s. There are a significant number of cuttings concerning 'The Newton Case' as well as his mysterious disappearance in Natal during August 1925 [he was, at this time, attempting to walk to Rhodesia]. The volume also includes an image of the starters at the 1925 Comrades Marathon, published in 'The Natal Witness' as well as an image of the ladies' section of Bulawayo Harriers, October 1926.

Papers of Arthur Newton

1 volume

Access: Open

ATH/AN/3/2/3

Scrapbook

1956

Volume titled 'The Marathon Runners Club of Southern Rhodesia, 1956: The history and story of the Gwelo-Bulawayo Road Relay'. Includes various newspaper cuttings including a number relating to Arthur Newton.

Volume partially used.

1 volume

Access: Open

ATH/AN/3/2/4

Scrapbook with athletics programmes

1925-1958

Volume labelled 'Newspaper Cuttings' primarily comprising items dated 1925-1927 and 1956-1957. A number of articles are written by, or are about, Arthur Newton. Cuttings include articles on tobacco and smoking, diets and training for distance racing. Some of the articles dated during 1920s refer to 'The Newton Case'. In addition, the volume includes a menu card for a banquet held in honour of Arthur Newton and organised by the Marathon Runners Club of South Africa, held in Johannesburg, 5 April 1956. There are also minutes from a special committee meeting of the Marathon Runners Club dated 2 June 1955. The volume also includes details of fixtures for the Bulawayo Harriers, 1927 and items relating to the constitution of the Bulawayo Harriers.

Some athletics programmes have been pasted into the volume and these relate to track and field events:

'The Arthur Newton Comrades Marathon', 31 May 1956. Includes list of competitors;

'Official Programme for the Marathon Runners' Club Golden Reef Marathon from Brakpan to Johannesburg', 9 July 1956;

Germiston Callies Harriers '7 Mile Road Race'

Papers of Arthur Newton

held at Germiston Lake, 21 July 1956.

1 volume

Access: Open

ATH/AN/3/2/5

Scrapbook

[1920s]

Majority of items in the volume concern Walter Goodall George with a number of newspaper cuttings, mostly dated 1928. There is an account sheet for Walter Goodall George's 'Birthday and Presentation Banquet', 10 September 1928. The volume contains a number of loose photographs, not captioned, inserted into the rear of the volume. There are also postcards depicting, and signed by, Luigi 'Milo' Brinn, the Italian strongman and wrestler.

1 volume

Access: Open

ATH/AN/4

Programmes, results and fixture lists

1924-[mid-20th century]

Small collection of athletics programmes, invitations and competitors' information, covering events held in both the United Kingdom and in South Africa. The majority of meetings were staged by local organisations and athletics clubs. Events include track and field meetings, ultra distance races and swimming competitions. A number of programmes provide information about meeting officials; the range of events available; information about entrants; some results; details of prizes; advertisements for other meetings; and details of advertisers and sponsors.

The series also includes typescript results from an event organised by the North of Thames Cross-Country Association, 1943; and fixture lists for Thames Hare and Hounds, 1924-1925 and General Electric Company (London) Amateur Athletic Association, 1936.

18 items

Papers of Arthur Newton

	Access: Open	
ATH/AN/4/1	Programmes and related ephemera	1924-[mid-20th century]
	<p>Small collection of athletics programmes organised by local clubs or regional organisations in both the United Kingdom and in South Africa. The collection focuses on track and field meetings and ultra distance races although there are references to cycling races, a swimming competition and a school sports day where Arthur Newton presented the prizes and awards.</p> <p>A small number of programmes have been personally annotated with placings and timings. The collection includes pre-Second World War programmes in both the United Kingdom and in South Africa. Arthur Newton features as a competitor in a number of these programmes. Most programmes include names of officials, lists of competitors, timetable of events and some include details of previous records and best times. Advertisements are often included.</p> <p>There is a also a small amount of related ephemera including an entry form and additional information for competitors.</p> <p>14 items</p>	
	Access: Open	
ATH/AN/4/1/1	Athletics and swimming programmes	1924-[mid-20th century]
	10 items	
	Access: Open	
ATH/AN/4/1/1/1	Athletics programme: track and field	5 April 1924
	'Third Annual Monster Athletic and Cycling Sports Meeting' held on the Track Ground, Durban.	
	1 item	
	Access: Open	
ATH/AN/4/1/1/2	Athletics programme: ultra distance racing	18 April 1925

Papers of Arthur Newton

'London to Brighton Relay Race' organised by News of the World. Includes names of competitors.

1 item

Access: Open

ATH/AN/4/1/1/3 Athletics programme: ultra distance racing 25 May 1925

Comrades' Athletic and Cycling Club 'Great Marathon Race' between Maritzburg Town Hall and Durban Town Hall. With manuscript annotations detailing times and positions of some competitors.

1 item

Access: Open

ATH/AN/4/1/1/4 Swimming programme 9 November 1927

Bulawayo Harriers Swimming Section 'Annual Gala' held in the Municipal Baths, Borrow Street.

1 item

Access: Open

ATH/AN/4/1/1/5 Athletics programme: track and field 17 December 1927

'Oxford University Hare and Hounds versus Cambridge University Hare and Hounds' held at Horton Kirby, near Farningham.

1 item

Access: Open

ATH/AN/4/1/1/6 Athletics programme: school sports day 7 July 1934

Grove Park Schools 'Annual Sports' held in Sudbury Priory with prizes presented by Arthur Newton.

1 item

Access: Open

ATH/AN/4/1/1/7 Athletics programme: road racing 10 April 1943

Papers of Arthur Newton

Finchley Harriers 'Open 20 Mile Road Race' held at St Martin's Hall, Bury Street, Ruislip. Lists names of competitors.

1 item

Access: Open

ATH/AN/4/1/1/8-9 Athletics programme: ultra distance racing 1 July 1956

'The Gwelo-Bulawayo 100-Mile Marathon Relay' commemorating Arthur Newton's visit to Rhodesia.

2 items

Access: Open

ATH/AN/4/1/1/10 Athletics programme: road racing [mid-20th century]

Southern Counties Cross-Country Association 'Five Mile Team and Individual Race' held at Ruislip. Includes names of competitors.

1 item

Access: Open

ATH/AN/4/1/2 Ephemera relating to specific athletic meetings 1927-1956

Various items relating to individual athletics meetings featuring Arthur Newton. Comprises:

/1: Ultra distance racing: subscription list in recognition of Arthur Newton's world record 100 mile run on the Gwelo-Bulawayo Road, 10 July 1927

/2: Ultra distance racing: 'The "Arthur Newton" Comrades Marathon 1956'. Entry form.

/3: 'Final instructions to competitors in Arthur Newton Comrades Marathon 1956'

/4: Advertisement for a running demonstration by Arthur Newton 'Champion of the World', undated.

4 items

Papers of Arthur Newton

	Access: Open	
ATH/AN/4/2	Results	1943
	Comprises:	
	/1: North of Thames Cross-Country Association '3 Mile Junior Team -Individual Race', 13 February 1943	
	/2: Miscellaneous typescript papers, with manuscript annotations, detailing results from unidentified races	
	2 items	
	Access: Open	
ATH/AN/4/3	Fixture lists	1924-1936
	Comprises:	
	/1: Thames Hare and Hounds, 1924-1925	
	/2: General Electric Company (London) Amateur Athletic Association, 1936	
	2 items	
	Access: Open	
ATH/AN/5	Photographs, slides and negatives	[1920s]-[mid-20th century]
	Primarily comprises photographs, a large number depicting Arthur Newton and his contemporaries. Also includes a small number of glass slides and negative prints.	
	4 files	
	Access: Open	
ATH/AN/5/1	Photographs and negatives	[1920s]-[1950s]
	Photographs collected by Arthur Newton. A number of photographs are captioned and dated. A significant number of photographs depict Arthur Newton during races including his attempt at the 100 mile record in 1927.	
	Subjects include Vic Clapham; W. [Bill] Cochrane; Hardy Ballington; John Jewell; J.	

Papers of Arthur Newton

G. Cummings; Reg Allison; Walsh, Boyce, Cochrane and Ballington; A. Gillespie; John Tempest; Geoffrey Dyson; Bulawayo Harriers including Emery, Downing, Watkins, Newton, Wilson and Workman; Wally Hayward; Jackie Mekler, Wally Hayward, Fred Morrison with Arthur Newton on a bicycle; Reid, Smith, Newton, Wilson, Zamek, Simpson, Downing and Workman at the 10 Mile Cross-Country Rhodesian Championship, 7 August 1927; runners accompanied by bicycles and motorbikes at the Comrades Marathon, 1927; Hulbert and Newton at start of a run from Bath to Hyde Park; Arthur Newton running on duckboards through flooded Maidstone during an attempt to break the 100 mile record; Hardy Ballington passing Vic Clapham at the Comrades Marathon [1930s]; running in Nice, France, 1933; image of Hardy Ballington with accompanying poster; W. J. Cochrane at 1946 Comrades Marathon; A. J. Norris; A. T. Green; Andrew MacCono; The Finchley '20', 1948; Arthur Newton, D. C. Whelan and F. H Perkin near Berkhamstead, 17 May 1952; Arthur Newton [with Len Butler] at Weston-super-Mare, 1955; Arthur Newton, Tom Richards and Peter Johnson at the first Bristol to Weston race, August 1955; Gerald Walsh at the Comrades Marathon 1955; Jardine, Raubenheimer, Newton, Jones and Boyce at the Track Ground, Durban, July 1956; Boyce at the Comrades Marathon, May 1956.

The files also include an image of Arthur Newton leaving England for Africa in 1924 being waved off by Joe Binks, J. E. Fowler-Dixon and Miss Fowler-Dixon at Waterloo; and a copy of a painting of Bill Payn by P. W. Lamb. Some photographs have been signed by the subjects and presumably given to Arthur Newton as gifts. These include images of Dave Dodds at the Gwelo-Bulawayo Relay; Joie W. Ray; Tom Bartlett of Wellington, New Zealand and Percy Cerutti.

2 files

Access: Open

Papers of Arthur Newton

ATH/AN/5/2	Glass slides Box labelled 'England' comprising unidentified glass slides. 1 file Access: Open	[mid-20th century]
ATH/AN/5/3	Negatives Box labelled 'England' comprising unidentified negative photographic prints. 1 file Access: Open	[mid-20th century]
ATH/AN/6	Miscellaneous papers Miscellaneous papers collected by Arthur Newton comprising posters; tickets; menu cards and invitations to events; a small number of publications; two address books; material relating to Helms Hall; and typescript itineraries for his visit to [Southern] Rhodesia [now Zimbabwe] in 1956. 7 files Access: Open	1923-1958
ATH/AN/6/1	Posters and promotional material Posters advertising Newton's forthcoming races and attempts on records. Also includes promotional leaflets advertising Newton's book 'Running' 1 file Access: Open	[1920s]
ATH/AN/6/2	Tickets Tickets for various athletics meetings and lectures including an invitation to the Southern Counties Cross-Country Association 48th Annual Team Championships, 1936. 1 file	1923-1936

Papers of Arthur Newton

	Access: Open	
ATH/AN/6/3	Menu cards and invitations to events Various items relating to social functions retained by Arthur Newton. 1 file	1924-1958
	Access: Open	
ATH/AN/6/4	Publications collected by Arthur Newton Small number of miscellaneous publications which include articles by, or references to, Arthur Newton; an issue of 'Athletics' dated November 1948; and a list of world records, compiled by Joe Binks, as at 2 January 1956. 1 file	[1940s]-[1950s]
	Access: Open	
ATH/AN/6/5	Address books Comprises: /1-2: Address books compiled by Arthur Newton. Includes names and address of athletics colleagues from across the world.1 1 file	[mid-20th century]
	Access: Open	
ATH/AN/6/6	Material relating to Helms Hall Comprises: /1-2: Brochure titled 'Helms Hall: Helms Athletic Foundation'. 2 copies /3: Article concerning the Helms World Trophy 1 file	[1950s]
	Access: Open	
ATH/AN/6/7	Itineraries Itinerary for a visit to Southern Rhodesia [now Zimbabwe] including details of dinners and	1956

Papers of Arthur Newton

meetings attended as well as scheduled lectures to be given. 3 variant copies.

1 file

Access: Open